YOUR MASSAGE CAREER STARTS HERE!
The Australian College of Sport and Fitness is not like any other school. You will enjoy classes that are ‘hands-on’, fun and supportive. Our focus will be on your personal and professional growth. For over 30 years, our school has been providing specialist massage training to students.

Our qualifications include:

- Certificate IV in Massage Therapy (HLT42015)
- Diploma of Remedial Massage (HLT52015)

‘Hands-On’ Classroom Courses

In class, students will be taught to deal with a wide range of problems utilising basic and advanced massage techniques. Our massage therapy programs focus on “hands-on” learning.

This allows students to immediately put theory into practice. Students will also get to practise their skills in our Student Clinic. This is a great opportunity to learn massage skills in a real life setting.

Career Opportunities

Massage therapy offers a very rewarding and satisfying career path. You will get tremendous satisfaction from knowing you are directly improving the health and wellbeing of your clients. Massage therapy is also in high demand, which offers you strong career and business prospects. There are many career paths for massage therapists. Massage therapy provides a great opportunity to start your own business.

Some examples of positions that you could find yourself in include:

- Massage clinics
- Mobile massage
- Corporate massage
- Health clubs & fitness centres
- Chiropractic or physiotherapy clinics
- Self-employed massage therapist

“For more information visit ACSF.edu.au

- Further course information
- Timetables
- Course pricing
- Application forms

They truly want us to be great therapists and conquer the world! This is what I feel the School is all about, helping us develop into great massage therapist!”

Ellen van der Heide
On Campus Massage Courses

Certificate IV in Massage Therapy
Study full-time 3 terms (9 Months)

The Certificate IV in Massage Therapy is the national qualification that allows you to work as a professional massage therapist in Australia. It will provide you with skills in therapeutic relaxation massage including basic health assessment and treatment.

As part of your program, students also get to experience a real world massage clinic.

Some of the topics you will cover in this course include:

- Massage Techniques
- Anatomy and Physiology
- Massage Clinic Skills
- First Aid
- WHS and Infection Control
- Practice Management

Diploma of Remedial Massage
Study full-time 6 terms (1.5 Years)

This qualification is recommended for practitioners looking to upgrade their skills and education qualifications. The Diploma of Remedial Massage offers more advanced massage techniques.

As part of your program, students also get to experience a real world massage clinic.

Some of the topics you will cover in this course include:

- Massage Techniques
- Anatomy and Physiology
- Massage Clinic Skills
- Practice Management
- Remedial Massage Techniques
- Advanced Massage Clinic Skills
- Advanced Health Science
- Nutrition

Diploma of Remedial Massage - Specialisation Program
Study full-time 8 terms (2 Years)

This program offers practitioners the option to learn additional massage techniques as well as explore areas of specialisation.

Topic covered will vary by campus and may include:

- Sports Massage II
- Aromatherapy Massage
- Pregnancy Massage
- Reflexology Massage
- Rehabilitation Massage
- Myofascial Massage
4 Campuses Across Australia

Come and enjoy everything Australia has to offer. Our colleges are situated in Sydney, Melbourne, Perth and Brisbane. Choose to study your qualifications at different campuses for the ultimate Australian experience.

All of our modern campuses are in popular locations, close to public transport and shopping facilities.

International Students Welcome

The College welcomes international students from many different countries.

Our CRICOS accredited courses allow international students the opportunity to pursue an Australian qualification in massage therapy and enjoy everything Australia has to offer.

Programs for international students are available in our
- Sydney campus
- Brisbane campus
- Melbourne campus (starting July 2016)
- Perth campus (starting July 2016)

International students can find more details about how to apply, course timetables and English proficiency information at our website.

The following programs are available to international students:

<table>
<thead>
<tr>
<th>Course</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Certificate IV in Massage Therapy (HLT42015)</td>
<td>Full Time 9 Months (3 x 10 week terms + holiday periods)</td>
</tr>
<tr>
<td>Diploma of Remedial Massage (HLS2015)</td>
<td>Full Time 18 Months* (6 x 10 week terms + holiday periods) *direct entry allowed - All modules of Certificate IV in Massage Therapy included</td>
</tr>
<tr>
<td>Diploma of Remedial Massage (HLS2015) Specialisation Program</td>
<td>Full Time 24 Months* (8 x 10 week terms + holiday periods) *direct entry allowed - All modules of Certificate IV in Massage Therapy included</td>
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*Example Timetable*

<table>
<thead>
<tr>
<th>Session 1 - Afternoon</th>
<th>Day 1</th>
<th>Day 2</th>
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</thead>
<tbody>
<tr>
<td>Massage Practical</td>
<td>Massage Theory</td>
<td></td>
</tr>
<tr>
<td>Massage Theory</td>
<td>Massage Practical</td>
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<tr>
<td>+ 5 hours of home study per week on average</td>
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<tr>
<td>+ 40 hours per term of student clinic starting second term - Fri and/or Sat</td>
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4 intakes each year – Jan/Apr/Jul/Oct

Sydney Campus (Head Office)
Level 1
225 Clarence Street
Sydney NSW 2000
Phone: + 612 9112 4555
Email: info@schoolofmassage.com.au

Melbourne Campus
Melbourne University Sport
Lincoln Square Fitness
Level 1, 183 Bouverie Street
Carlton VIC 3053
Phone: + 613 8687 0648
Email: Melbourne@ACSF.edu.au

Perth Campus
Lords Recreation Centre
3 Price Street
Subiaco WA 6008
Phone: +618 9388 3153
Email: Perth@ACSF.edu.au

Brisbane Campus
University of Queensland Sport and Fitness
Building 25, Union Road
St Lucia QLD 4067
Phone: +617 3188 3778
Email: Brisbane@ACSF.edu.au